



The Liver Care Foundation



Annual Report 2010 (Jan to Dec)



Our Team

Board of Trustees

Dr. Shiv Sarin, MD, DM	Founder Trustee and member
Dr. Kiran Modi	Managing Trustee and member
Mr. Vikram Varma	Trustee and member
Mr. P. B. Vijay	Trustee and member

Board Members

Dr. B. C. Sharma	Member
Dr. Puja Sakhuja	Member
Ms. Vibhuti Sharma	Member
Ms. Shalini Prakash	Member

Special Advisor

Former Justice Shiv Raj Patil

Legal Advisor

Mr. M. L. Lahoty

Honorary Chief Operating Officer

Ms. Vibhuti Sharma

The Foundation

The Liver Care Foundation was established in 2005 as a non profit Organization with a view to contribute to society by connecting with the public, patient and provider, as a part of its focus towards prevention of liver disease.

Goal

To assist and support Healthcare related to Liver Diseases.

Vision

To contribute to a world 'Free of Liver Disease'

Mission

1. To advocate and generate public awareness about Liver Health through information, education and communication.
2. To assist those living with liver disease.
3. Strive continuously to bridge the global gap in the field of academics and research, relating to Liver and its diseases.

Core Values

Competence, credibility, commitment, care and cooperation constitute the culture of Liver Care Foundation

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Chief Operating Officer

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The Year gone By-----

Liver Care Foundation has made good progress with its community based activities since inception in 2009.

Our education and vaccination initiative involved major touring through the North West part of Delhi since our partner NGOs worked primarily in these areas on child welfare.

Government vaccinates children in the ages of 0-6 years as per the Universal Immunization Plan. The Liver Care Foundation will undertake the task to vaccinate children aged 6-17 years as the state has no additional funds for this age-range. It was important to understand the environment in which most of the participants for an education and vaccination program would be living in. Work took place in areas where there was limited accessibility to clean water, health services, accessibility to roads and parks. The women that participated in our programs informed us that they were worried about the high rates of crime and robbery and the poor quality of life in general. When asked what they would like to see changed in their community, it was a need for clean drinking water and availability of a nearby school for their children amongst a list of other needs. The men in the community could be farmers, truck drivers or factory workers while the women were home-makers or part time maid servants. Overall literacy rates were poor which often posed a challenge in trying to generate the awareness on the need for prevention against Hepatitis B

As part of the intervention, we created a module to help steer the awareness program on liver health. In this year we have conducted a total 75 awareness programme with 3936 participants. There was ice-breaking so that participants introduced themselves and their community by telling us what they liked, disliked and wanted as change in their habitat. Participant knowledge was tested with questions related to the liver, liver disease, hepatitis, symptoms and if they knew about organ donation. The session commenced by asking a member of the audience to draw an outline of a body then asking the audience to place major organs including the liver on the map. And finally, we delivered our talk “You and your Liver” using a manual flip chart in Hindi.

In 2009 we had just start the awareness of vaccination of Hepatitis B but in 2010 we vaccinated 3903 children with collaboration of NGOs of North West Delhi. This was the good progress in immunization of Hepatitis B.

One day was reserved in a month for the MOP wherein members of the partnering NGO were called in to the Liver Care Office where field related problem solving took

place. If the NGO has participated in a Education program, the representative would be called in to take feedback on how to strategize a vaccination program within the community they worked in. Their advise in this matter was considered important as they had first hand knowledge of how effective such a program could be. Partnering NGOs supported many issues such as child welfare, adolescent health, none formal education, vocational training etc.

DOSTx meaning “deceased organ sharing for transplants” was a new addition to the liver care family. DOSTx also means a friend in Hindi, which is the perfect fit for spreading the message on organ donation after one’s death. DOSTx was launched on March 11th, 2010. We have organized a work shop at Gym Khana Club and Habita Centre with 28 attendees and 20 sign-ups to the DOSTx register. We have many plans to develop the DOSTx program such as an online registry of donors, a process by which we can network with hospitals to be part of the sharing of organs in the future and a capacity building program for transplant coordinators.

In addition of promotional activities The Liver Care Foundation organized a stall at Antariksh Bhawan . A total of 13 person registered their name as organ donor. We have also participated in Delhi Half Marathon with 30 participants and delivered our message successfully in the crowd.

The effort to extend support to young scientists and doctors continues. This year nine travel grants were disbursed to doctors and scientists who had been accepted to present their papers at the APASL 2010 in Beijing. It was heartening to see that we were able to provide these bright, young achievers the opportunity to present their pieces of work.

Name of the APASL awardees

1. Dr. Rakesh Mittal
2. Ms. Roli Saxsena
3. Dr. Vishal Garg
4. Ms. Neetu Saxena
5. Mr. Manas Sharma
6. Mr. Sheetal B. Rose
7. Manish Chaudhary
8. Dr. Nitin Gupa
9. Dr. Sarvana

A snap shot of our activities



Education Programme 2010-2011

Our awareness programme was conducted with the aim of spreading information's on Hepatitis B and Liver Health in simplistic way to reach the poor communities of Delhi.



Awareness Programme



Draw the body map

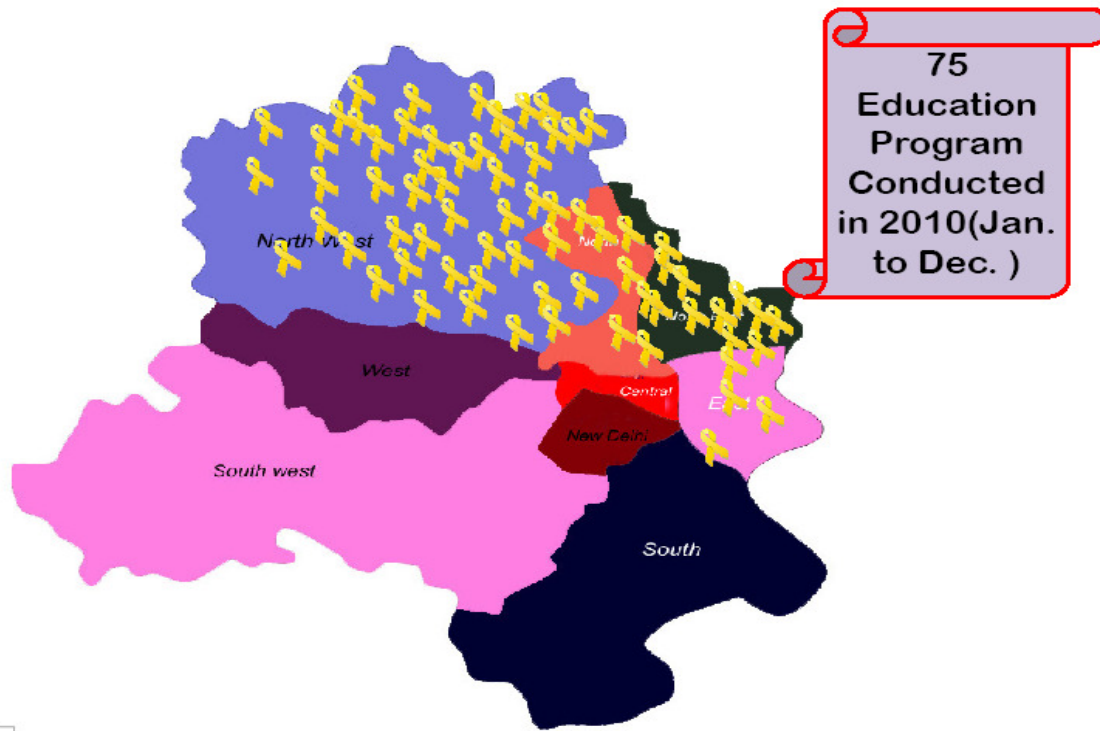


Participants



Education through flip chart

Covered Area

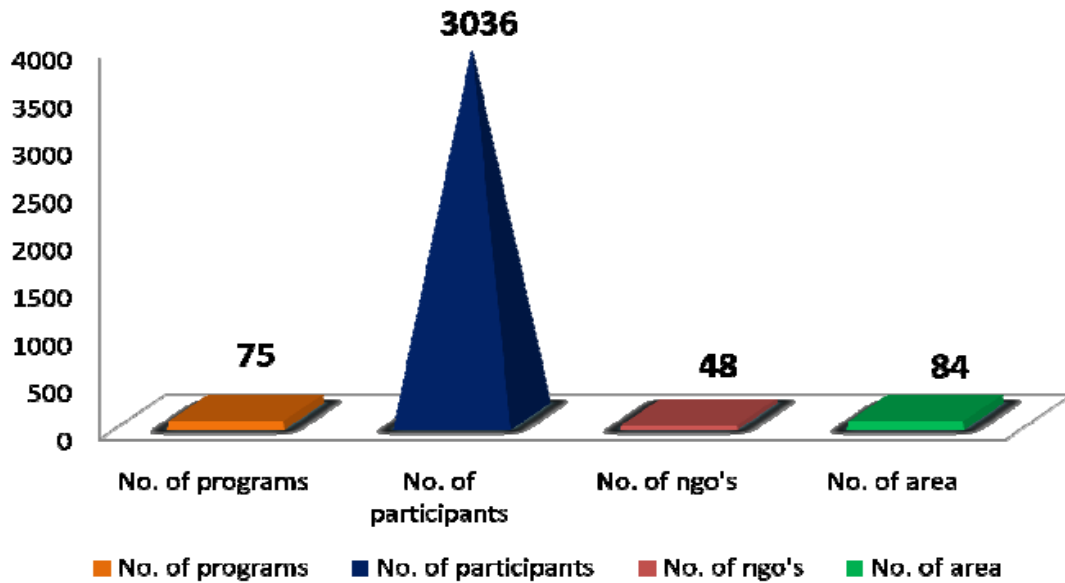


Collaborating Ngos & Area

- Action India – New Seemapuri
- A.V. Baliga – Bhakhtawerpur, Mangolpuri
- Anchal – Naveen Shahdara, Welcome colony
- Anmol – Prem Nagar, Machi Market (Prem nagar), Mobarakpur
- Aradhya GRC – Rajiv Nagar, Raja Vihar
- Aradhya – Yadav Nagar
- Bhartiya Navdeep Samiti – Shakurpur
- Chetanalaya – Janta Colony, Trilok Pure, Sunder Nagri, Mukundpur, Kalyanpuri, Bawana, Jhahagirpuri, Khichripur
- Child Survival India – Narela (Poket-11)
- DCVS – Vishwas Nagar
- Dr. Ambedkar Mission – Bhalaswa Gaon
- DSSW – Satiya Vihar

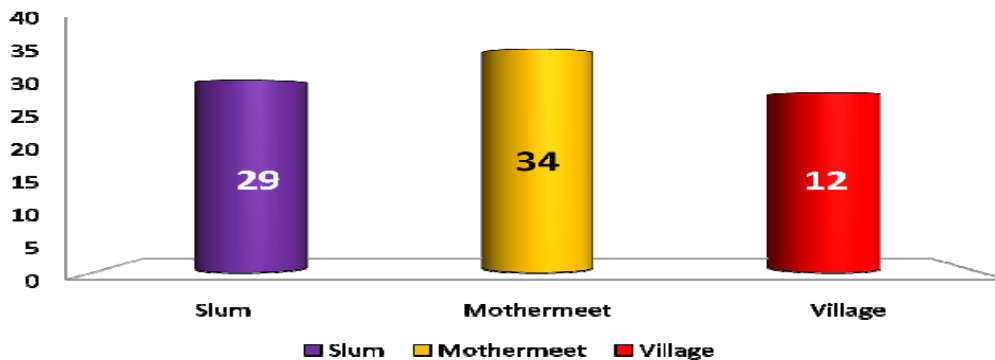
- EFRAH – Ali Vihar, Gutampuri, Ali Vihar (C-block)
- Ekta Siksha Sansthan – Mukundpur, Samta Vihar
- Health Fitness Society – DDA flats Kalkaji
- Jai Sankar Memorial Center – Jasola Village
- Januthan – Wazirpur
- Jamghat – Jama Musjid
- Jan Jagrati Educational Society – F-block Sultanpuri, C-block Sultanpuri
- Janhit – Azadpur
- Jeet – Budh Vihar
- Kalyanum – Sangam Vihar
- Katha (GRC) – Lal Kuan, Gutampuri
- KGNM Trust – Bakhtawarpur
- Love and Care – Okhla Industrial Area
- Mahak Sewa Samiti – Naharpur Village, Rohini Sec-16 sardar colony
- Marwari Yuva Munch - Azadpur railway choki no.- 4
- Mercy – Burari
- Munch – Raghuvver Nagar
- Nav Umang Yuva Sangthan – Amar Colony
- Navjyoti India Foundation – Jhahagirpuri
- Navlok – Chandni Chowk, Sant Nagar, Sangam Vihar
- New Opportunities for women (Now) – Hari Nagar Ashram
- Nirmana NGO – Sonia Vihar
- NMPS – Mangolpuri Y-block
- Pratham – Janta Colony
- Raina Prayas – Bawana Village
- Ray Welfare Society - Mayra
- Saakar Out Reach – Khanpur
- Salam Balak Trust - Pharganj
- Samarth NGO – Dulatpur Shahbad
- Sampurna NGO – Shalimar Village
- Saubhagya Samajik Suvidha Kendra – C-1 Indra market, Kavir Basti, Padam Nagar
- Save (GRC) – Jhilmil Colony, Nand Nagri (Nathu Colony)
- Sewa Bharti – Majnu Ka Tila
- Sewa Delhi – Sunder Nagri, Anand Vihar
- Srijan Foundation – Kamla Nagar, Adarsh Nagar
- V-Care – Bhalaswa Dairy

Records of Education programs 2010 (Jan to Dec)



In this year we conducted a total 75 awareness programme with 3036 participants. Our collaborating NGOs were 48 and total number of cover area were 84.

Type of Education Programs 2010 (Jan to Dec)





Village programme

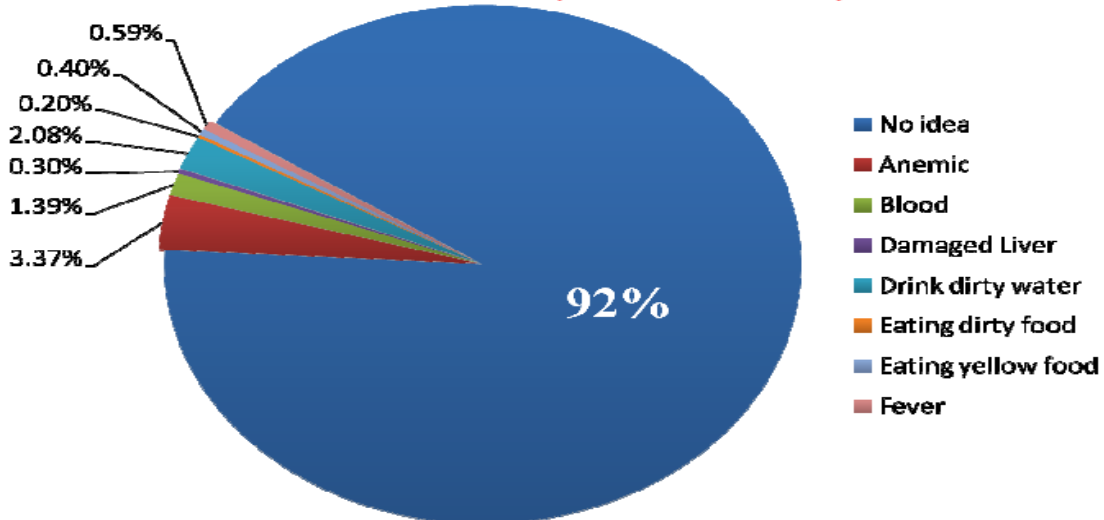


Slum programme



Mother meet

Causes of Jaundice 2010 (Jan to Dec)



Vaccination programs were preceded by awareness programs on hepatitis. Typical pre-test questions were awareness on causes of jaundice. 92% were completely unaware of any cause as a result of virus.



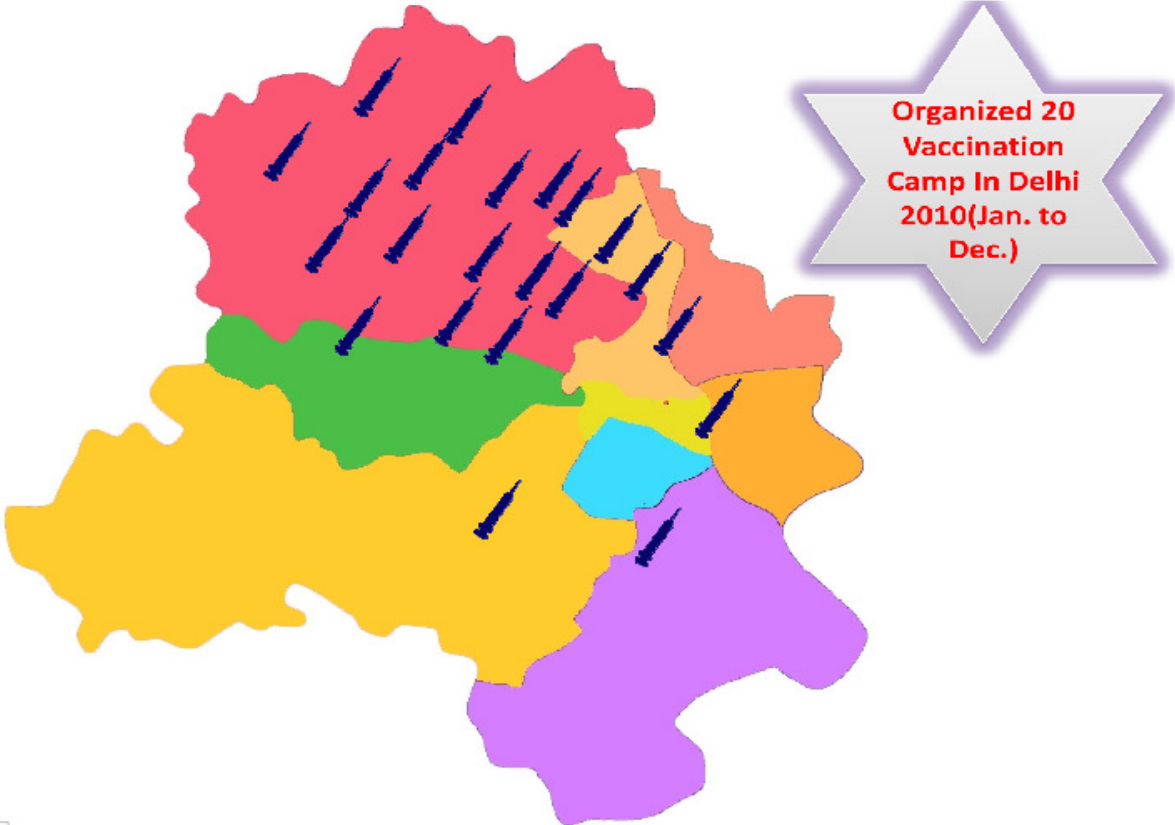
Our Vaccination camp

The Liver care Foundation carried out the vaccination camps as part of providing 3 doses against Hepatitis B in the year 2010 in various area of North West Delhi with help of collaborating NGOs.

The targeted children and their families were first educated about liver diseases, particularly Hepatitis B. The Liver Care Foundation prepared a registry of children to be vaccinated and procured the informed and written consent from the parents of these children. Each child then received three doses of vaccination over 3 months to provide lifetime immunity from Hepatitis-B.



Covered Area



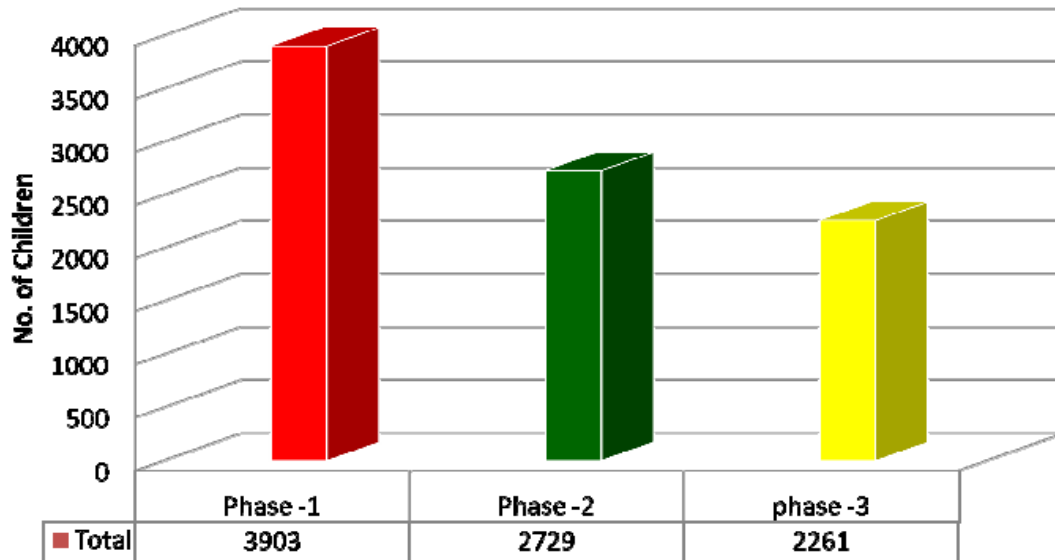
Children waiting for vaccination



Child vaccinated



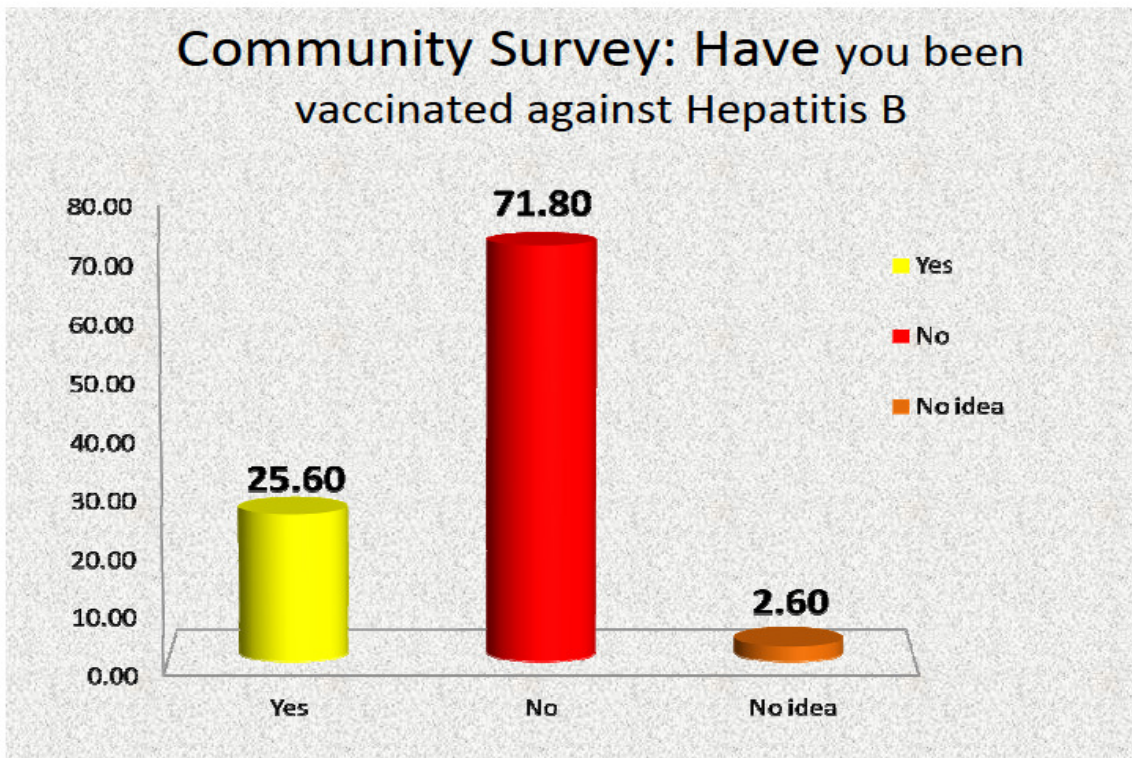
Vaccinated children (Jan to Dec 2010)



A fully vaccinated children were 2261. The total focus of the camps was on documentation, quality of vaccines delivery and safety precautions taken such as use

of the needles destroyer, having a backup for emergency actions on any estimated cases of reaction. Not a single case was reported.

Community Study 2010



Organ Donation Awareness

The Liver Care Foundation organized a work shop at Gim Khana Club and Habitaee Centre with 28 attendees and 20 sign-ups to the DOSTx register. We have many plans to develop the DOSTx program such as an online registry of donors, a process by which we can network with hospitals to be part of the sharing of organs in the future and a capacity building program for transplant coordinators.



A workshop on organ donation at Gym Khana Club



A workshop on organ donation at Habitat Center



Promotional Activity Stall at Antariksh Bhawan

The Liver Care Foundation organized the Stall at Antriksh Bhawan ,Connaught Place to create awareness on liver health ,vaccination of Hepatitis B and focused on organ donation. This was good effort that 13 person registered their name as organ donor.



Participation in Delhi Half Marathon 2010

We participated in Delhi Half Marathon on 21 November-2010 with 30 participants and delivered our message successfully in the crowd. It was a platform for publicity and hype and we made use of it.



Future Plan

The Liver Care Foundation has put together a strategic plan which will focus on developing more awareness programs, vaccination programs and expansion of organ donation activities in Delhi.

